

Date: 5/2/25

PREP GRADES K-5 LAUSD BREAKFAST, LUNCH, SUPPER MENU
SEPTEMBER 1 - 5, 2025

	MONDAY 9/1 HOLIDAY	TUESDAY 9/2	WEDNESDAY 9/3	THURSDAY 9/4	FRIDAY 9/5
BREAKFAST		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée 1		Morning Magic Bagel V (R2292)	Fiesta Bean & Cheese Burrito V (R1099) Optional: Fresh Salsa (R4613)	Hot Honey Chicken Jalapeno Biscuit Sandwich (R0975)	Café LA Coffee Cake V (CMS #2773)
Entrée 2		Chocolate Chip Muffin V (CMS #2029)	Yogurt 4 oz. & Crackers V (R5617-DW, R5618-CB)	Deluxe Cereal Bowl V	Nutri-Grain Bar & Yogurt V (R5721-DW, R5722-CB)
Entrée 3 <i>Vegan</i>		Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)	Soy Yogurt & Belvita Crackers (R5715-DW, R5716-CB)	Cinnamon Toast Crunch (CMS #1623)	Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)
	BIC Sites: Put at least 1 serving of the Vegan option in each BIC bag each day.				
Fruit-Fresh (½ c)		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit Juice (½ c, 4 oz.)		Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Milk, 8 oz.		Milk	Milk	Milk	Milk
LUNCH		LUNCH	LUNCH	LUNCH	LUNCH
Entrée 1 <i>Café LA Favorite</i>		Pepperoni Pizza Wedge (R0730) AND/OR Cheese Pizza Wedge V (R1063)	Chicken Corn Dog (R0920)	Mini Mozzarella Bites with Marinara Sauce (R1153)	Buffalo Popcorn Chicken (R0966) Honey Biscuit (R2638) AND/OR BBQ Popcorn Chicken (R0967) Honey Biscuit (R2638)
Entrée 2 <i>Bowl</i>		BBQ Beef Rib Patty Sandwich with Pickles & Coleslaw (R5705)	Zesty Beef & Cheese Chalupa, Bulk & Tortilla Chips (R5699) & Fresh Salsa (R4613) OR Turkey Breast & Cheese Sandwich (R0911) Optional: Fresh Topping*	Orange Chicken & Broccoli Bowl (R5626)	Beef Birria Bowl (R5762)

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Entrée 3 Vegan		Impossible Burger (R6032) Optional: Fresh Topping*	Chik'n Nuggets (R6021) Artisan Roll (CMS #6068) AND/OR Buffalo Chik'n Nuggets (R6031) Artisan Roll (CMS #6068)	Vegan Teriyaki & Broccoli Rice Bowl (R6049)	Optional: Fresh Topping* for both sandwiches Spicy Chick'n Sandwich (R6051) AND/OR Chik'n Sandwich (R6029)
*FRESH TOPPING OPTIONS: SERVE EITHER FRESH PICKLES (R4618) OR FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520)					
Vegetable (½ c)		Roasted Potato Wedges (R4370)	No Hot Vegetable	No Hot Vegetable	Roasted Potato Wedges (R4370)
Veg, Fruit	Refer to Harvest Bar or Harvest Stand Menu				
Treat Item	Offer the Chocolate Chip Cookie (R2641/CMS #2766) once per week as an Extra Treat.				
Milk, 8 oz.		Milk	Milk	Milk	Milk
SUPPER		SUPPER	SUPPER	SUPPER	SUPPER
Entrée 1 Hot OR Cold		Cheesy Pillows V (R1119) OR Turkey Stick (CMS #2065) & Cheese Plank V (CMS #2525) Cheez-It Crackers (CMS #1239) Under 4 Yrs: Cheese Plank, 2 each V Cheez-It Crackers V	Chicken Parmesan Wrap (R5751-DW, R5752-CB) OR Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch)	Fiestada Stuffed Sandwich (Beef & Cheese) (R0159) OR Manager's Choice SUPPER Sandwich**	Longboard Pizza (Chicken & Jalapeno) (R1156) Under 4 Yrs: Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch) OR Turkey Stick (CMS #2065) & Cheese Plank V (CMS #2525) Cheez-It Crackers (CMS #1239) Under 4 Yrs: Cheese Plank, 2 each V Cheez-It Crackers V
	OPTIONAL Shelf-Stable Meal Kits (NOT for students under 4 years): 1. Beef Stick Meal Kit (CMS #1688) OR 2. Sunbutter & Jelly Meal Kit V (CMS #1683)				
Entrée 2 Vegan	ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. Provide a vegan entrée that is <i>different</i> than what was served for lunch the same day. Entrée Options: 1. Chik'n Nuggets (R6021) & Artisan Roll (CMS #6068) 5. Impossible Burger (R6032) 2. Buffalo Chik'n Nuggets (R6031) & Artisan Roll (CMS #6068) 6. Sunbutter & Strawberry Jelly Sandwich (R1943) 3. Vegan Chik'n Tenders (R6043) & Artisan Roll (CMS #6068) 7. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944) 4. Chik'n Sandwich (R6029) 8. Spicy Chick'n Sandwich (R6051)				
Vegetable (½ c)		Paradise Punch Vegetable Juice (CMS #1681)	Petite Baby Carrots (CMS #3006) Under 4 Yrs: Cherry Smooth Cup (CMS #2364)	Berry Berry Blue Slush (CMS #2827)	Celery Sticks (CMS #3826) Under 4 Yrs: Orange Medley Juice (CMS #1308)

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Fruit (½ c)		Fresh Fruit	Cherry Lemon Cup (CMS #2981)	Fresh Fruit	Mango Sorbet (CMS #2774)
			Under 4 Yrs: Fresh Fruit ONLY apple, orange, pear, banana		Under 4 Yrs: Fresh Fruit ONLY apple, orange, pear, banana
Milk, 8 oz.		Milk	Milk	Milk	Milk
CONDIMENTS B=Breakfast L=Lunch S=Supper		B: Cream Cheese (CMS #7097-DW, #9043-CB), Strawberry Jam L: Ketchup, Mustard, Choice Dressing, Optional: Liquid Chamoy L,S: Tajin	B: Taco Sauce or Tapatio L: Ketchup, Taco Sauce or Tapatio, BBQ Sauce, Optional: Liquid Chamoy L,S: Mayo, Mustard, Tajin, Optional: Ranch	L: Sriracha Sauce, Optional: Ranch, Liquid Chamoy L,S: Tajin S: Taco Sauce or Tapatio,	L; BBQ Sauce, Ketchup, Taco Sauce or Tapatio, Choice Dressing, <u>Choice of Sauce:</u> Secret Sauce (R70967), BBQ Ranch (R7080), Cajun Ranch (R7110-CB/R7111-DW), Sriracha Mayo (R7096), Optional: Liquid Chamoy L,S: Mustard, Tajin S: Mayo, Optional: Ranch

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk, 8 oz. – Must serve two choices from the following five (5) options:

Fat-Free	Low-Fat	Fat-Free Lactose Free	Fat-Free Chocolate	Fat-Free Strawberry
NOTE: Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1 st grade and above.				

Deluxe Cereal Bowl

Cinnamon Toast Crunch (CMS #1623)	Honey Bunches of Oats (CMS #1425)	Honey Cheerios (CMS #1442)
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Fresh Fruit

Apple (CMS#3800)	Banana (CMS #3204) Do not order on Mondays	Orange (CMS #3093)	Nectarine (CMS# 3891)
Peach (CMS #3886)	Pear, Bartlett (CMS#3939)	Plumcot (CMS# 3940)	Pluot (CMS# 3700)
			White Peach (CMS# 3884)

**MANAGER'S CHOICE OPTIONS

SUPPER SANDWICHES	1. Toasted Cheese Sandwich (R1086-IW / R1131-Scratch) 2. Turkey Breast & Cheese Sandwich (R0911)	3. Tuna Sandwich (R5619) 4. Apple Cinnamon Chickpea & Grape Jelly Sandwich V (R1944) 5. Sunbutter & Strawberry Jelly Sandwich V (R1943)
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